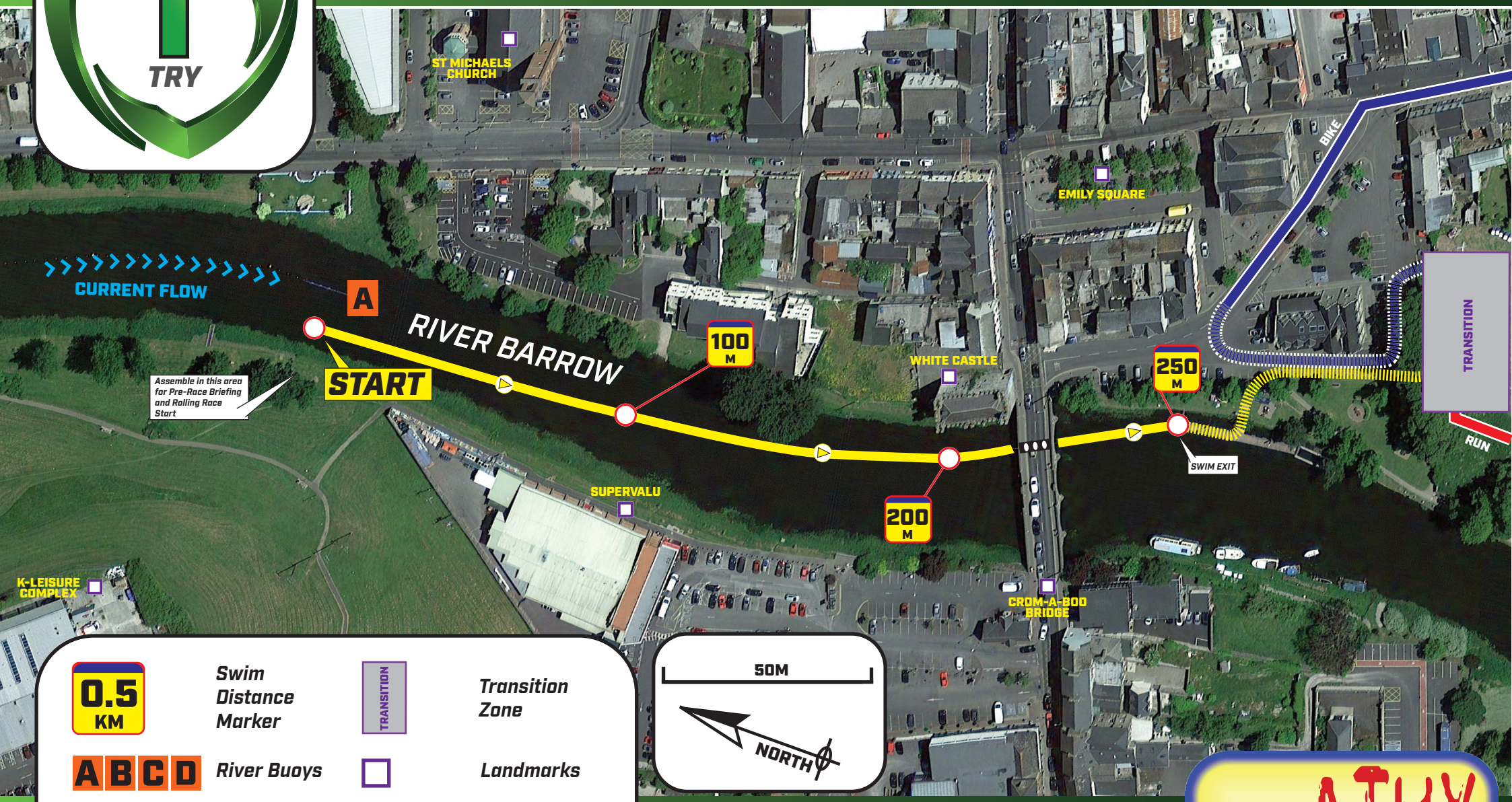














 **250m**



	Swim Distance Marker		Transition Zone
	River Buoys		Landmarks
	Swim Route		T1 IN Route
	Cycle Route		T1 OUT Route
	Run Route		T2 OUT Route

SWIM

TRIATHY
 FORTITUDINE-VINCIMUS
 30th MAY 2026