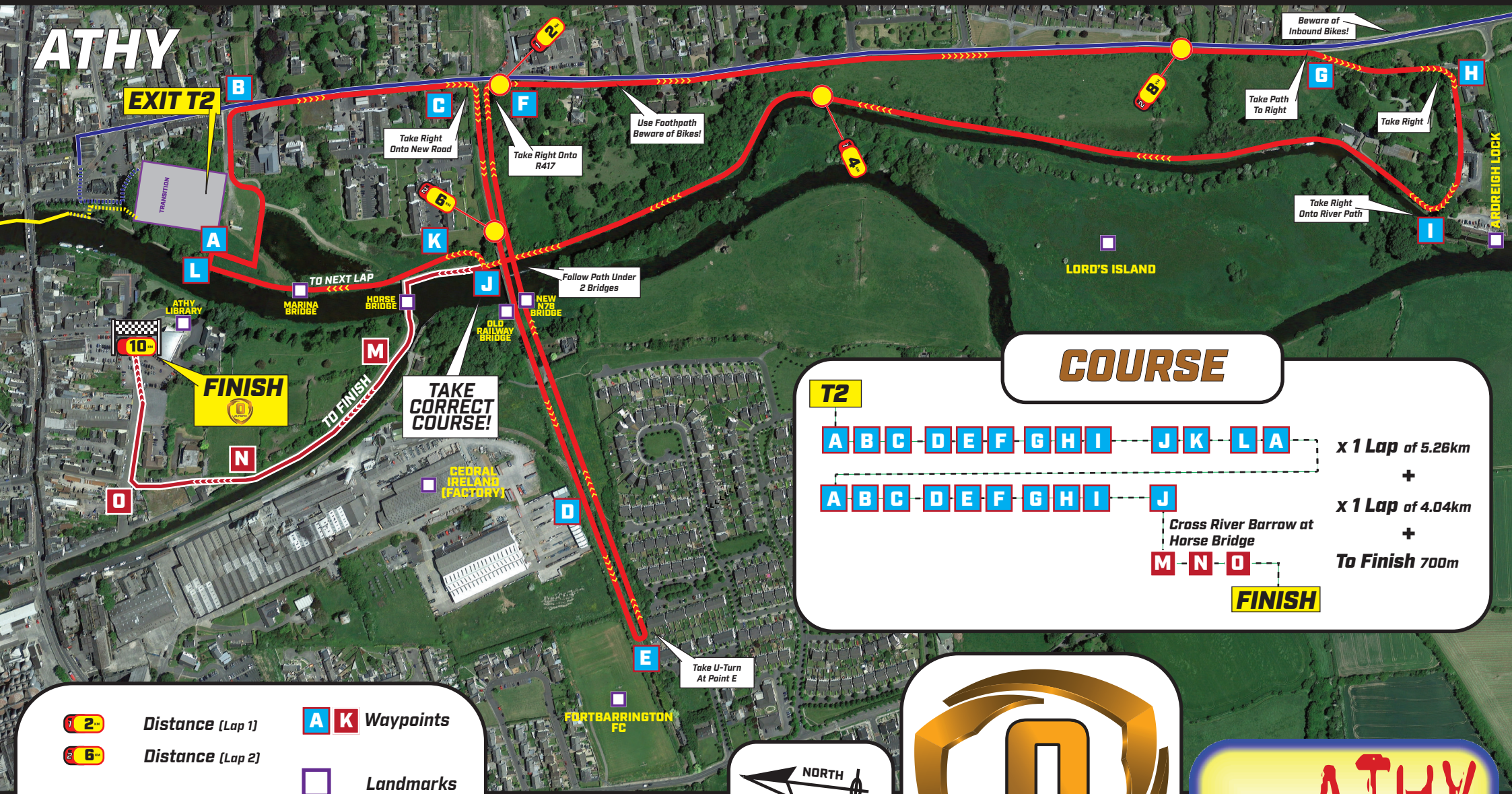


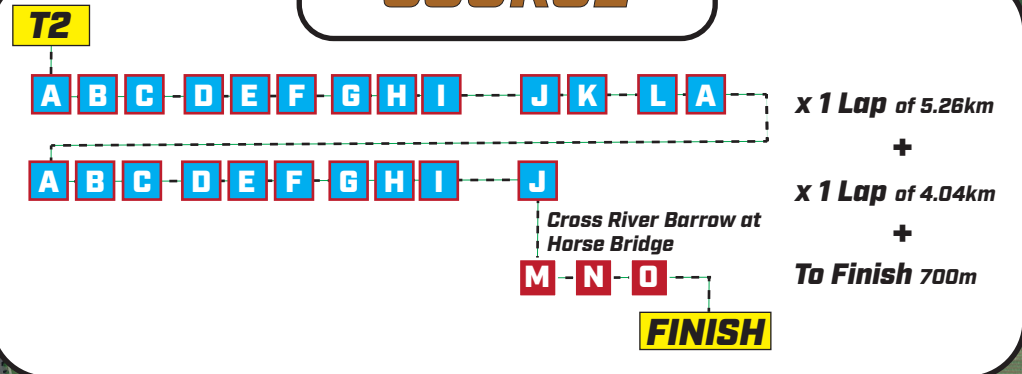
RUN



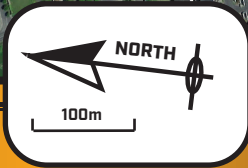
10km



COURSE



	Distance (Lap 1)		Waypoints
	Distance (Lap 2)		Landmarks
	Swim Route		Transition Zone
	Cycle Route		
	Run Route		



TRIATHLY
FORTITUDE-VINCIMUS
30th MAY 2026