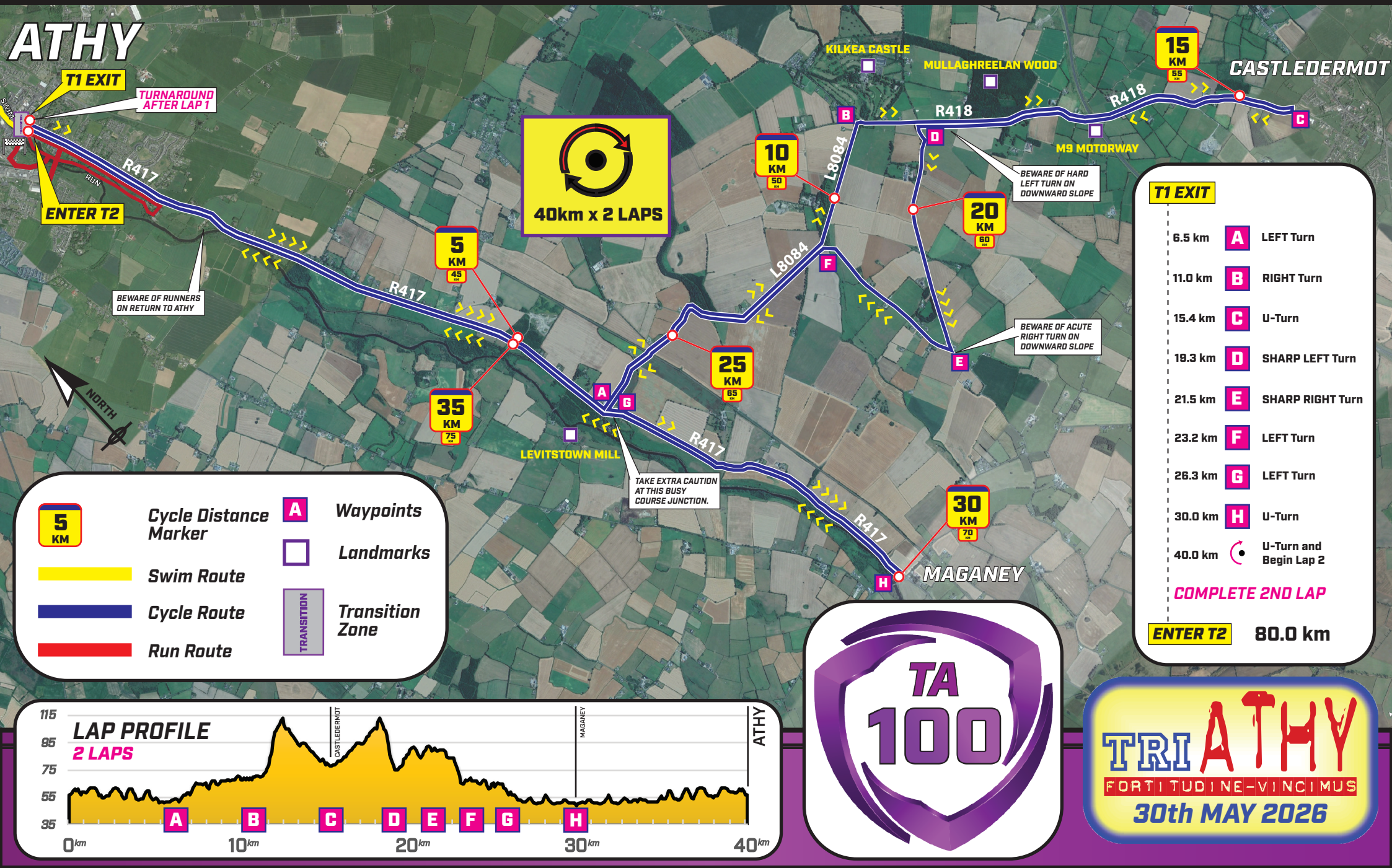
BIKE 80km



T1 EXIT		
6.5 km	A	LEFT Turn
11.0 km	B	RIGHT Turn
15.4 km	C	U-Turn
19.3 km	D	SHARP LEFT Turn
21.5 km	E	SHARP RIGHT Turn
23.2 km	F	LEFT Turn
26.3 km	G	LEFT Turn
30.0 km	H	U-Turn
40.0 km		U-Turn and Begin Lap 2

COMPLETE 2ND LAP

ENTER T2 — 80.0 km

- 5 KM — Cycle Distance Marker
- A — Waypoints
- Landmarks
- Swim Route
- Cycle Route
- Run Route
- TRANSITION — Transition Zone

TA 100

TRI ATHY
FORTITUDINE-VINCIMUS
30th MAY 2026