
















# BIKE

# 40km



	<b>Cycle Distance Marker</b>		<b>Waypoints</b>
	<b>Swim Route</b>		<b>Landmarks</b>
	<b>Cycle Route</b>		<b>Transition Zone</b>
	<b>Run Route</b>		

T1 EXIT		
6.5 km		LEFT Turn
11.0 km		RIGHT Turn
15.4 km		U-Turn
19.3 km		SHARP LEFT Turn
21.5 km		SHARP RIGHT Turn
23.2 km		LEFT Turn
26.3 km		LEFT Turn
30.0 km		U-Turn
<b>ENTER T2</b>		<b>40.0 km</b>

