

RUN



5km



| | | | |
|--|-----------------|--|-----------------|
| | Distance Marker | | Waypoints |
| | Swim Route | | Landmarks |
| | Cycle Route | | Transition Zone |
| | Run Route | | |



T2

INITIAL
120m

A
B
C
D
E
F
G
H
K
L
M
P
Q
R
S

FINISH
1 LAP
of 4,880m

